

# GARDENA JUDO CLUB

1964 W. 162nd Street · Gardena, California · 90247

May 2003

## PRACTICE SCHEDULE Mondays and Thursdays

Judo mats are set up at 6:00 pm.  
\*\*We need your help!\*\*

\*\*YONEN (ages 12 and under): 6:30 pm  
SHONEN (ages 13 and up): 7:45 pm



## Gardena 5k Run

The 19th Annual Gardena 5000 will be held on Sunday, June 1. Don't worry, we won't make you run the 5 kilometers,

but Gardena Judo Club attends the race as a fundraiser. Here's how it works: A number of non-profit groups organize "cheering sections" for the race. The group with the best/loudest cheering section wins a cash prize! The grand prize is usually around **\$1500!!!** But we need **everyone's participation** to make this possible! Only a few hours of your time can greatly benefit our club!

This year, sections will be separated by 10 feet so the judges can better distinguish each club. GJC will meet on the north side of Redondo Beach Boulevard, across the street from Pacific Square. Our group will be the westernmost group on that side of the street and will be sponsored by **NISSIN FOODS**. Please come at 6:30 am and coffee and donuts will be provided!

Our current novice class families (white belts) will help us organize our cheering section, but all of us need to be there to cheer the runners! Let's **WEAR RED and MAKE A LOT OF NOISE** so we will get noticed by the judges!! Have some fun getting to know other club families while cheering the runners. In fact, several of our own club members run in this race! More details to follow.



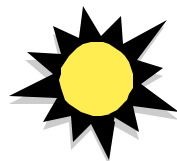
## At the Car Wash...



Come to the JCI on **May 18** between 10 a.m. and 3 p.m. for a sparkling clean car. Car wash tickets are available for \$5 per car, \$6 for SUV/truck/van. Enjoy the bake sale while you wait. Proceeds will benefit the GJC travel fund. For tickets, see Nan Taketa or any judoka traveling to the national competition. Thank you!

## Summer Training Camp with Jimmy Pedro

at San Fernando Dojo, June 23-28. More info at the dojo, or contact Dr. AnnMaria Rousey at 310-717-9089 or drannmaria@aol.com.



## USJF Jr. Nationals July 26-27, 2003 Boca Raton, FL

## Camping Trip Aug. 4-9 Pumice Flats

There are still available sites for this summer's camping trip at Pumice Flats.

Come enjoy a week of fun outdoors. If you are interested in going, please see Yuki Fujita at the dojo. Also, if you have not yet paid for your site, please do so!!!

## Coming up...

|  |   |
|--|---|
| Sat.<br>May 24   | Calif. State Games<br>San Diego, CA                 |
| Sat.-Sun.<br>May 24, 25  | CJI Jr. State Championships<br>Huntington Beach, CA |
| Sun.<br>June 1   | Salinas Invitational<br>Salinas, CA                 |
| Sun.<br>June 8   | Marine Judo Assn. Tournament<br>TBA                 |
| Sun.<br>June 15  | Kata Clinic/Testing at Ogden<br>Long Beach, CA      |
| Schedule is subject to change. Please check the Nanka schedule at <a href="http://www.usajudo.com">www.usajudo.com</a> . |   |