

Gardena Judo Club

Junior Promotion System

Junior belt ranks are yellow, orange, green, blue and purple. Yellow belt is normally awarded after completion of the beginner's course. Promotions are based on time-in-grade and technical knowledge. Time-in-grade between promotions can be reduced based on competition points earned. Technical proficiency is based on the student demonstrating his or her ability to perform techniques. All promotions are subject to the instructor's judgment as to the student's ability enter a higher rank. In some cases, the student's promotion may be withheld until the student has more experience.

Time-in-Grade: Traditionally in judo, time-in-grade has been primarily based on competition. USJF's guidance for a promotion system consists of both time-in-grade and technical testing. Time-in grade is for both non-competitors and competitors, with the competitors time-in-grade decreases based on the number of points earned. For non-competitors, consideration is given to attendance, performance in practice and service to judo.

	<u>Under 50 Points</u>	<u>50 Points</u>	<u>100 Points</u>
Yellow	N/A	N/A	N/A
Orange	12 months	9 months	6 months
Green	12 months	9 months	6 months
Blue	12 months	9 months	6 months
Purple	18 months	12 months	8 months

Ippon = 10 points, Wazari = 8 points, Decision = 5 points.

Participation in a tournament with no wins = 5 points.

Win against a lower grade opponent may reduce points by 50%

Technical Requirements

The GJC's "Junior Judo Promotion Guide" will be used, except that testing will be for the total colored belt requirements, rather than by separate rank within each belt. In order to help the student there will be training for studying for the test. The student must demonstrate each technique and receive an average score of 70 percent.. Instructor may require a demonstration of all or part of the techniques on the list. Variations of techniques may count as separate techniques.

Belt Color	<u>Orange</u>	<u>Green</u>	<u>Blue</u>	<u>Purple</u>
Rank Tests (GJC Guide)	6,7,8	9,10,11	12,13,14	15,16,17